

Article Review

Article Title

Evidence Relating Health Care Provider Burnout and Quality of Care: A Systematic Review and Meta-analysis

Audience

- Healthcare administrators
- Policymakers
- Organizational leaders in the healthcare industry

Authors

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ROI Tags

- Quality of Care ROI
- Burnout Reduction ROI
- Patient Satisfaction ROI

Date

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Article Descriptions

The article provides a comprehensive examination of the connection between healthcare provider burnout and the quality of care delivered to patients. The review synthesizes data from **123 publications** covering **241,553 healthcare providers**, highlighting that higher burnout levels among healthcare professionals are significantly correlated with decreased quality of care, increased medical errors, and lower patient satisfaction rates. The findings indicate that burnout affects the mental health and well-being of healthcare providers and outcomes of patient care. The article stresses the necessity of **implementing effective interventions** aimed at **reducing burnout** to enhance both **provider well-being** and **patient care quality**. By establishing this link, the authors advocate for systemic changes within healthcare organizations that prioritize the mental health of providers as a critical aspect of improving healthcare delivery.



Business Case Metrics of Significance

- **Quality of Care Improvement:** Measures the improvement in patient care quality attributable to reduced burnout levels among healthcare providers.
- **Burnout Reduction:** Assesses the financial impact of initiatives aimed at reducing provider burnout, including costs associated with turnover and decreased productivity.
- **Patient Satisfaction:** Evaluates the correlation between reduced burnout rates among providers and increases in patient satisfaction scores.



Business Use Case

The article serves as a business case for healthcare organizations to invest in burnout reduction strategies, emphasizing the potential return on investment through improved quality of care, reduced turnover costs, and enhanced patient satisfaction. By aligning organizational policies with the well-being of healthcare providers, leaders can create a more sustainable workforce and enhance the overall patient experience.



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