

# THE WELLBEING COLLABORATIVE

of Arizona Health Professionals

## June 2024

June has come and with it the realization that we are nearly halfway through the year! Oh how time flies! In this newsletter, we would like to showcase one of our strategic initiatives and ask for your help in developing this fun and impactful idea!

### Making the Case for Wellbeing



Recognizing the pivotal role of evidence-based advocacy, this strategic initiative is dedicated to consolidating a comprehensive repository of reports, literature, studies, and pivotal data that underline the case for health professional well-being. As a collective, Collaborative members have the opportunity to meticulously curate and refine this information, ensuring that the case for well-being is both compelling and grounded in robust evidence.

Led by: **Carisa Bamford**, Clinician Experience & Development Sr. Dir., Banner Health

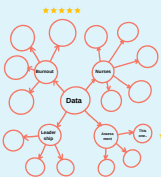
#### The IDEA



**Build a Digital “Wellbeing Collaborative Library”**



**Create a curated a list of favorite/useful publications & resources**



**Build a “mind map” of the resources so it is easy to browse and visually impactful**

## We need your help!

As we experiment and play with the creation of the digital mind map library, we are needing your input and help!

**We need your help in building the curated list of favorite / useful publications and resources.**

We ask that you share with us **1-2 of your favorite** (*most used or most referenced*) articles, publications, research, books, etc., that focus on or talk about health professional well-being.

[Click here to share](#)

Join the upcoming Story Circle to share and listen to stories in community with other health professionals!

Thur 6/27 12pm-1:00pm

[CLICK HERE](#)

