

# The Future of Health Professional Wellbeing in Arizona



## CEO PANEL



**Todd LaPorte, MBA**  
CEO at HonorHealth



**Judy Rich, R.N., MSN**  
President & CEO at TMC  
Health



**Natasha Bhuyan, MD**  
VP at OneMedical



**Anne Newland, MD, MPH**  
CEO of North Country  
HealthCare (FQHC)

## Panel Discussion Topics

- ✓ The importance of wellness initiatives in the strategic priorities of their organization
- ✓ How clinical wellness has impacted strategic and operational planning
- ✓ What impact will clinical wellness have on the future of their organization

## JOINED BY...



**Tait Shanafelt, MD**  
Professor of Medicine and  
Chief Wellness Officer  
Stanford School of Medicine

## MODERATED BY...



**Flo Spyrow,  
MSN/MHA/JD**  
Incoming Executive Director &  
Chair, Steering Council  
Arizona Wellbeing Collaborative

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## CEO BIOS

Todd LaPorte, with over 35 years of diverse healthcare experience, leads Arizona's seventh largest employer, HonorHealth. As CEO since 2017, he's transformed the system for convenient, high-quality patient care. Previously, he served as CFO for most of his 20 years at HonorHealth. Todd also holds key roles in CEO advocacy groups and healthcare associations throughout the State. He's been recognized for his financial expertise and community involvement. Todd holds a bachelor's degree in business from the University of Arizona and an MBA from Arizona State University. He's a proud parent of four daughters who all swam competitively in different D-1 schools. In his free time, Todd enjoys exploring Arizona's scenic landscapes and is an avid supporter of local arts and culture initiatives.



**Todd LaPorte, MBA**  
CEO at HonorHealth



**Judy Rich, R.N., MSN**  
President & CEO at TMC  
Health

Judy Rich, holding degrees from Roberts Wesleyan College and the University of Pennsylvania, has excelled from nurse to CEO. In 2007, she returned to Tucson Medical Center, orchestrating a financial revival and later became President and CEO of the 607-bed nonprofit hospital. In 2021, she expanded her role to TMC Health System President and CEO. Understanding the importance of localized healthcare, she spearheaded initiatives for accessible preventive and affordable care in Southern Arizona. Rich is actively involved in local and national boards, notably the American Hospital Association and the Arizona Hospital & Healthcare Association. She also chairs the Chairman's Circle and Board of Directors of Sun Corridor Inc.

Natasha Bhuyan is the VP of Office Care at One Medical, leading clinical innovation, growth, and partnerships. She's also an assistant clinical professor at the University of Arizona College of Medicine. Previously, she chaired the Arizona Care Network's Medicare Shared Savings Program, saving over \$5.78 million. Dr. Bhuyan holds national leadership positions and is on the board of Planned Parenthood Federation of America. She's a published author, media resource, and has received numerous awards for her leadership and patient care. Her interests include innovative primary care models, health policy, medical education, and patient safety. In addition to her remarkable career, Dr. Bhuyan is deeply committed to improving healthcare access and quality for all.



**Natasha Bhuyan, MD**  
VP at OneMedical



**Anne Newland, MD, MPH**  
CEO of North Country  
HealthCare (FQHC)

Anne Newland is the CEO of North Country HealthCare, a federally-qualified community health center serving 12 rural communities in northern Arizona. They offer primary care, dental, behavioral health, and physical therapy services. North Country runs programs for affordable health access and community health improvement. Before joining North Country in 2013, Dr. Newland worked at the Indian Health Service in Kayenta, AZ for eight years. She holds an Internal Medicine-Pediatrics training from the University of Tennessee-Memphis, completed a Master in Public Health at Harvard School of Public Health, and is passionate about reducing health disparities and expanding training opportunities for underrepresented groups. Dr. Newland oversees North Country's graduate medical education programs. This includes a community-based family medicine program and a planned psychiatry residency program.