

The Future of Health Professional Wellbeing in Arizona

BREAKOUT SESSIONS & SPEAKERS



Insights Breakouts: 9:30am-10:50am (*pick 1*)

Kindness: the Leadership Strategy for Wellbeing



Stephen Swensen, MD
Co-Author of *Strategies to Reduce Burnout: 12 Actions to Create the Ideal Workplace*

Dr. Stephen Swensen is dedicated to the support of thoughtful leaders who aspire to nurture fulfillment of their staff. He is a recognized expert and speaker in the disciplines of leadership and burnout. His work and research show that it is possible to cultivate camaraderie, agency and coherence for high value results.

For three decades he served patients at the Mayo Clinic. As Director for Leadership and Organization Development, he co-led the Professional Burnout Initiative and oversaw the development of 4,100 physicians and 232 key leaders. As Chief Quality Officer, he established the Quality Academy wherein 37,000 colleagues were certified as Fellows during his tenure. As Department Chair, he and his team used their Value Creation System to improve the welfare of both patients and professionals.

Dr. Swensen serves as Senior Fellow of the Institute for Healthcare Improvement, where his focus is joy in work. He works as the Leadership Theme Leader for NEJM Catalyst. A full professor, he was Principal Investigator of two National Institutes of Health grants and has authored three books and 207 articles. He was honored with the Diamond Lifetime Achievement Award, served as the president of two international societies and founded the Big Sky Group. Dr. Swensen has been married for 42 years, has two children and has run or cross-country skied 39 marathons.

Opening Eyes and Minds: Visual Thinking Strategies for Healthcare Professionals



Dabney Hailey
Founder & Principle
Hailey Group

Dabney Hailey is the premier thought leader on the innovative application of Visual Thinking Strategies (VTS) within business. She honed her craft as a museum curator before founding Hailey Group, a pioneering consultancy that cultivates innovation, leadership, and team communication through arts learning. Their international clients include IDEO, Fidelity, Logitech, GE HealthCare, Dell, Cisco, Nike, Moderna, and others.

Dabney also works within healthcare. She is co-director of the Harvard Medical School course, Training the Eye: Improving the Art of Physical Diagnosis, as well as a continuing medical education course, also through Harvard, Training Eyes, Minds, and Hearts: VTS for Healthcare Professionals. She delivers workshops for MIT Sloan School of Management and Oxford University Saïd Business School. Dabney is deeply motivated by the transformative possibilities of art experiences— particularly when we look and think together—to help us improve how we relate to one another and tackle our toughest challenges.

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PLANERY SPEAKER BIO



Tait Shanafelt, MD

Plenary Speaker

Professor of Medicine & Chief
Wellness Officer
Stanford School of Medicine

“ *Addressing Root Causes of
Burnout and Redesigning the
Workplace to Promote
Wellbeing* ”

Dr. Tait Shanafelt is the chief wellness officer, associate dean, and Jeanie and Stewart Richie Professor of Medicine at Stanford University. Dr. Shanafelt's is a hematologist/oncologist whose clinical work focuses on the care of patients with chronic lymphocytic leukemia. He served a 7-year term on the National Cancer Institute (NCI) Leukemia Steering Committee from 2014-2020 and has been principle investigator on four R01 grants from the NCI, including two active R01s.

He has been the principle investigator on numerous clinical trials testing new treatments for patients with chronic lymphocytic leukemia including two national phase three trials for the Eastern Cooperative Oncology Group (ECOG). He has published over 500 peer review manuscripts and commentaries in addition to more than 200 abstracts and book chapters.

In addition to his leukemia research, Tait is an international thought leader and researcher in the field of physician well-being and its implications for quality of care. His pioneering studies in this area over 20 years ago are credited with helping launch the entire field of organizational efforts to promote physician well-being. He previously served as the founding director of the Mayo Clinic Program on Physician Well-being and served a 3-year term as the president of the Mayo Clinic Voting Staff from 2013- 2016.

In 2017, he moved to Stanford where he leads the WellMD Center. He served as a member of the National Academy of Medicine Committee on System Approaches to Support Clinician Well-being and now serves on the National Academy Clinician Well-being Steering Committee. He has helped hundreds of organizations and their leaders work to improve burnout and promote professional fulfillment for physicians. Dr. Shanafelt has served as a keynote speaker to the AMA, ACGME, AAMC, and ABIM. Tait's studies in this area have also been cited in CNN, USA Today, U.S. News, and the New York Times. In 2018, he was named by TIME Magazine as one of the 50 most influential people in healthcare.