

FROM VISION TO REALITY

The Future of Health Professional Wellbeing in Arizona



Friday September 29, 2023
08:00 AM to 03:30PM

The Wellbeing Collaborative of Arizona proudly presents a **world-class summit** designed to gather **executive leaders and organizations** at the forefront of **creating systemic change** within the **health ecosystem**. Join us as influential speakers and participants engage in **discussions, share insights, and explore innovative strategies** to drive positive impact on the wellbeing of health professionals in Arizona.

Be part of this world-class event and learn how to adopt successful approaches that will shape the future of healthcare leadership and support the thriving workforce.

WHAT TO EXPECT

ENGAGING PLENARY SPEAKER

A renowned expert will inspire attendees to think creatively about how to turn their vision for a healthier workforce into reality.

ACTION-ORIENTED CEO PANEL

A panel of CEOs will share their experiences in implementing wellness initiatives, how they have evaluated success, and insights into the challenges of successful implementation within their organization.

LEARNING & CONNECTION

Attendees will have the opportunity to engage in specialized breakout sessions, hear inspiring stories, and participate in action oriented initiatives.

SPEAKER



Tait Shanafelt, MD

Plenary Speaker

Professor of Medicine and Chief Wellness Officer
Stanford School of Medicine

“ Addressing Root Causes of Burnout and
Redesigning the Workplace to Promote Wellbeing ”

INSIGHTS.
INNOVATIONS.
IMPACT.

www.wellbeingcollaborative.org



ASU Health Future Center

6161 E Mayo Blvd
Phoenix, AZ 85054

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CEO PANEL

A panel of CEOs will share a wellness initiative they have implemented, how they have evaluated success, and insights into the challenges of successful implementation within their organization.



Todd LaPorte, MBA
CEO at HonorHealth



Judy Rich, R.N., MSN
President & CEO at TMC
Health



Natasha Bhuyan, MD
VP at OneMedical



Anne Newland, MD, MPH
CEO of North Country
HealthCare (FQHC)

Panel Discussion Topics

- ✓ The importance of wellness initiatives in the strategic priorities of their organization
- ✓ How clinical wellness has impacted strategic and operational planning
- ✓ What impact will clinical wellness have on the future of their organization

JOINED BY...



Tait Shanafelt, MD
Professor of Medicine and
Chief Wellness Officer
Stanford School of Medicine

MODERATED BY...



Flo Spyrow,
MSN/MHA/JD
Former President & CEO at
Northern Arizona Healthcare

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BREAKOUT SESSIONS & SPEAKERS



Insights Breakouts: 9:30am-10:50am (*pick 1*)

Kindness: the Leadership Strategy for Wellbeing



Stephen Swensen, MD
Co-Author of *Strategies to Reduce Burnout: 12 Actions to Create the Ideal Workplace*

Dr. Stephen Swensen is dedicated to the support of thoughtful leaders who aspire to nurture fulfillment of their staff. He is a recognized expert and speaker in the disciplines of leadership and burnout. His work and research show that it is possible to cultivate camaraderie, agency and coherence for high value results.

For three decades he served patients at the Mayo Clinic. As Director for Leadership and Organization Development, he co-led the Professional Burnout Initiative and oversaw the development of 4,100 physicians and 232 key leaders. As Chief Quality Officer, he established the Quality Academy wherein 37,000 colleagues were certified as Fellows during his tenure. As Department Chair, he and his team used their Value Creation System to improve the welfare of both patients and professionals.

Dr. Swensen serves as Senior Fellow of the Institute for Healthcare Improvement, where his focus is joy in work. He works as the Leadership Theme Leader for NEJM Catalyst. A full professor, he was Principal Investigator of two National Institutes of Health grants and has authored three books and 207 articles. He was honored with the Diamond Lifetime Achievement Award, served as the president of two international societies and founded the Big Sky Group. Dr. Swensen has been married for 42 years, has two children and has run or cross-country skied 39 marathons.

Opening Eyes and Minds: Visual Thinking Strategies for Healthcare Professionals



Dabney Hailey
Founder & Principle
Hailey Group

Dabney Hailey is the premier thought leader on the innovative application of Visual Thinking Strategies (VTS) within business. She honed her craft as a museum curator before founding Hailey Group, a pioneering consultancy that cultivates innovation, leadership, and team communication through arts learning. Their international clients include IDEO, Fidelity, Logitech, GE HealthCare, Dell, Cisco, Nike, Moderna, and others.

Dabney also works within healthcare. She is co-director of the Harvard Medical School course, Training the Eye: Improving the Art of Physical Diagnosis, as well as a continuing medical education course, also through Harvard, Training Eyes, Minds, and Hearts: VTS for Healthcare Professionals. She delivers workshops for MIT Sloan School of Management and Oxford University Saïd Business School. Dabney is deeply motivated by the transformative possibilities of art experiences— particularly when we look and think together—to help us improve how we relate to one another and tackle our toughest challenges.

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BREAKOUT SESSIONS & SPEAKERS

Impact Breakouts: 1:30pm-3:00pm (*pick 2*)



Supporting the creation of safe spaces for open & honest dialogue and ideas.



This initiative prioritizes best practices and frameworks that promote safe spaces for health professionals that provides them with an environment where they can engage in open and honest dialogue, facilitating discussions about their wellbeing and allows for the free expression of ideas to support their mental, physical, spiritual, and emotional health.

Transforming workforce development and sustainability.



This initiative is dedicated to transforming workforce development and sustainability within the health ecosystem, placing a strong emphasis on enhancing health professional wellbeing. By implementing innovative strategies and initiatives, it aims to equip future health professionals with the skills, tools, and mindsets that promote wellbeing and ensures their long-term sustainability and contributing to high-quality patient care.

Championing legislation awareness and policy change.



This initiative takes a proactive stance in championing legislation awareness and policy change that directly impacts health professional wellbeing. By advocating for reforms that prioritize healthcare workforce support, it aims to bring about meaningful changes in policies that address key issues such as work-life balance, burnout prevention, mental health support, and fair working conditions, ultimately promoting the overall wellbeing and resilience of healthcare professionals.

Participants will have the opportunity to select two of these breakout sessions enabling them to contribute their valuable input, provide feedback, and share their innovative ideas towards advancing these initiatives.

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Agenda

8:00am-8:30am: Arrival and Continental Breakfast

8:30am-9:20am: Plenary Speaker

- Dr. Tait Shanafelt: *Addressing Root Causes of Burnout and Redesigning the Workplace to Promote Wellbeing*

9:30am-10:50am: Breakout: Insights

- Opening Eyes and Minds: Visual Thinking Strategies for Healthcare Professionals with **Dabney Hailey** (*Founder & Principle*)
- Kindness: the Leadership Strategy for Wellbeing with **Steve Swensen** (*MD*)

Insights

11:00pm-12:00pm: CEO PANEL

- Todd LaPorte (*MBA*) CEO at HonorHealth
- Judy Rich (*R.N., MSN*) President & CEO at Tucson Medical Center
- Natasha Bhuyan (*MD*) VP at OneMedical
- Anne Newland (*MD, MPH*), CEO at North Country (FQHC)
- Joined by Tait Shanfelt (*MD*) and moderated by Flo Spyrow (*MSN/MHA/JD*)

Innovations

12:00pm-1:00pm: Lunch

1:00pm-1:30pm: Wellbeing Collaborative Presentation by Keith Frey (*MD/MBA*)

1:30pm-3:00pm: Breakout: Impact

- Championing legislation awareness and policy change
- Transforming workforce development and sustainability
- Supporting the creation of safe spaces for open & honest dialogue and ideas

Impact

3:00pm-3:30pm: Wrap up and outcomes

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Hotel Recommendations

Residence Inn by Marriott Phoenix Desert View at Mayo Clinic

Address: 5665 E Mayo Blvd, Phoenix, AZ 85054

Phone: (480) 563-1500

Rate: \$203.00



Hyatt Place North Scottsdale

Address: 18513 N Scottsdale Rd, Scottsdale, AZ 85255

Phone: (480) 590-8100

Rate: \$216.00

